

# GCO

## Girls' Item Booklet

Jacqueline Collier, Ph.D. & Dorothy MacKinlay, D.Clin.Psy.

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Child ID \_\_\_\_\_

Age \_\_\_\_\_

Birthdate \_\_\_\_\_  
mm    dd    yyyy

Today's Date \_\_\_\_\_  
mm    dd    yyyy



This is a story about 5 girls who are all friends. They talk about lots of things and find out that they all have different feelings. We would like you to think about each thing that the friends talk about, and tick the girl most like you on the answer sheet. There are no right answers to the questions.



The girls begin to talk about watching television. They find that they all like watching a different amount of time.

	Always	Often	Sometimes	Hardly Ever	Never
a. One girl <b>always</b> likes watching television. Can you tick this girl?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
b. One girl <b>often</b> likes watching television. Can you tick this girl?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
c. One girl <b>sometimes</b> likes watching television. Can you tick this girl?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
d. One girl <b>hardly ever</b> likes watching television. Can you tick this girl?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
e. One girl <b>never</b> likes watching television. Can you tick this girl?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
f. What about you? Do you like watching television? Tick the girl <b>most like you</b> .	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

Now the girls begin to talk about other things. First they talk about

1. having fun—they find out that one girl always has fun, one often has fun, one sometimes has fun, another hardly ever has fun and one girl never has fun. Tick the girl who is **most like you**.
- |  |        |       |                |                |       |
|--|--------|-------|----------------|----------------|-------|
|  | Always | Often | Some-<br>times | Hardly<br>Ever | Never |
|  |        |       |                |                |       |

Then they talk about

2. being happy and smiling—they find out they are all different in how much of the time they are happy and smiling. Tick the girl who is **most like you**.
- |  |        |       |                |                |       |
|--|--------|-------|----------------|----------------|-------|
|  | Always | Often | Some-<br>times | Hardly<br>Ever | Never |
|  |        |       |                |                |       |

The girls talk about all sorts of things, and each time they find they are all different.

Read what they are talking about and then tick the girl **most like you**.

- |   |        |       |                |                |       |
|---|--------|-------|----------------|----------------|-------|
|   | Always | Often | Some-<br>times | Hardly<br>Ever | Never |
| 3. how often they worry about things                          |        |       |                |                |       |
| 4. how often they spend time with friends                     |        |       |                |                |       |
| 5. how often they have enough friends                         |        |       |                |                |       |
| 6. how much of the time other people understand how they feel |        |       |                |                |       |
| 7. how much of the time they are picked on                    |        |       |                |                |       |
| 8. how often they help others                                 |        |       |                |                |       |
| 9. how often they hurt other people                           |        |       |                |                |       |
| 10. how often they get upset                                  |        |       |                |                |       |
| 11. how often they feel bored                                 |        |       |                |                |       |
| 12. how often they can go to someone if they have a problem   |        |       |                |                |       |

Next, they talk about themselves and home. Tick the girl **most like you** for each question.

	Always	Often	Some-times	Hardly Ever	Never
13. how much of the time they like their parents					
14. how much of the time they think their parents love them					
15. how often they are told off					
16. how often they are allowed to choose for themselves					
17. how much of the time they feel happy with their life					

Next, the girls talk about

	Always	Often	Some-times	Hardly Ever	Never
18. how often they are really ill					
19. how often being ill stops them from doing things that they want to do					
20. how happy they are about the way they look					
21. how often they feel different from other children					

Last of all, the girls talk about school. They talk about

	Always	Often	Some-times	Hardly Ever	Never
22. how often they try hard with their work					
23. how often they are told off by the teacher					
24. how often they feel more clever than other children					
25. how often they are good at sports					

Now, answer these questions and tick the girl that you would **most like to be like**. It does not matter if the answers are the same as last time, or different, so you do not need to look at your first answers.

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1. having fun—they find out that one girl always has fun, one often has fun, one sometimes has fun, another hardly ever has fun and one girl never has fun. Tick the girl who you would **most like to be like**.
- |        |       |                |                |       |
|--------|-------|----------------|----------------|-------|
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|        |       |                |                |       |

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- |        |       |                |                |       |
|--------|-------|----------------|----------------|-------|
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|        |       |                |                |       |

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Read what they are talking about and then tick the girl you would **most like to be like**.

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|---|--------|-------|----------------|----------------|-------|
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| 7. how much of the time they are picked on                    |        |       |                |                |       |
| 8. how often they help others                                 |        |       |                |                |       |
| 9. how often they hurt other people                           |        |       |                |                |       |
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**Thank you for your answers. Please return this booklet.**

[www.gcqmeasure.co.uk](http://www.gcqmeasure.co.uk)

Please refer to the measure as the Generic Children's Quality of Life measure (GCQ) Collier & MacKinlay (1997) and cite the following publication:

Collier, J., MacKinlay, D. & Phillips, D. Norm values for the Generic Children's Quality of Life Measure (GCQ) from a large school-based sample. *Qual Life Res* 9, 617–623 (2000). <https://doi.org/10.1023/A:1008915700210>